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Hike Haliburton 'Light' to proceed in September

by CHAD INGRAM Editor

The County of Haliburton plans to host a scaled-down version of the Hike Haliburton Festival this fall.

County councillors discussed options for a festival this year during an April 14 meeting. Last year, the popular event, which includes a series of guided hikes throughout the county each September, was cancelled by council amid the COVID-19 pandemic.

During last week's meeting, tourism director Amanda Virtanen presented council with three options regarding a festival this fall.

One was to host the full-scale festival, complete with marketing and a printed program. Virtanen said it would entail extra costs because of sanitization requirements, the need for personal protective equipment, etc. With dozens of people per hike, Virtanen also said there could be logistical issues with maintaining physical distancing.

see FESTIVAL page 2



A shot in the arm

People line up for the COVID-19 vaccine on Wednesday, April 14 at the S.G. Nesbitt Memorial Arena in Minden. Vaccinations are by appointment only and are held at the arena Wednesdays, Fridays and Saturdays. The rink will be used for vaccinations until July, after which they will take place in the adjoining Minden Hills Community Centre. Book an appointment online at www.ontario.ca/bookvaccine or by phone at 1-888-999-6488. /DARREN LUM Staff

AH council eyes dock regulations

by CHAD INGRAM

Editor

Algonquin Highlands councillors waded into the subject of regulating private docks on public road allowances during an April 15 meeting.

Council received a report from planner Sean O'Callaghan, outlining options for dealing with privately owned docks and staircases located on township-owned shorelines across the road from residences. One was the

creation of a registry where residents would be required to enter into a licence of occupation with the township, purchasing a permit for docks and staircases and providing proof of sufficient insurance. The second was to sell a portion of shoreline road allowances or

see LICENCE page 2



MINDEN SUBARU



13061 Hwv 35 Minden, ON 705-286-6126

Festival was cancelled by council in 2020

from page 1

"If social distancing is still in place in September, we would have hikers spread up to 200 feet," she said.

While hosting the festival typically involves seeking sponsorships from businesses, with the pandemic walloping the tourism industry, Virtanen said no sponsorships would be sought, but added some local businesses have still volunteered to provide sponsorships.

The cancellation of last year's festival meant that \$37,500 that had been budgeted for in the county's expenses was moved into a reserve.

The second option was a scaled-down version of the festival, which Virtanen said she was calling Hike Haliburton "Light," which would include fewer hikes with fewer spaces on each hike, and less advertising and promotional material.

"The options would allow us to control regulations," she said, adding a smaller event would also be easier to cancel, should the dynamics of the pandemic mean the event would need to be halted.

The third option was the outright cancellation of the

"I must say the first time I read this, I thought, let's cancel it," said Dysart et al Deputy Mayor Pat Kennedy. However, Kennedy said he feared cancelling the event two years in a row would interrupt its momentum, adding he ultimately supported the idea of a smaller festival, which he noted would be easier to cancel if required.

"It's more nimble," he said.

The bulk of councillors agreed.

"I'd hate to see just cancelling it," said Minden Hills Deputy Mayor Lisa Schell, noting the festival was five months away and that with COVID-19 vaccinations underway across the province, hopefully it would be able to proceed.



Hikers make their way through the woods at Abbey Gardens during a previous Hike Haliburton Festival. / **CHAD INGRAM Staff**

"The ability to cancel has got to be understood," said Liz Danielsen. Algonquin Highlands Deputy Mayor and County Warden

The festival is scheduled to take place Sept. 16 through 19.

Licence of occupation recommended

from page 1

road allowances to property owners directly across the street. The third was to allow existing structures to remain and be repaired or replaced so long as they maintained the same footprint, but prohibiting the construction of new structures. The fourth was for the township to have all such structures

O'Callahan's recommendation was for the first option, requiring residents to enter into a licence of occupation with Algonquin Highlands. His report noted the creation and maintenance of a database would require significant staff time, and suggested that if the policy was to be implemented retroactively - that is, applied to all existing docks and stair-

ways – that it would likely require the addition of two staff members, as well as a municipal vehicle.

Councillor Jennifer Dailloux was concerned such a process might pose more work than it would be worth. "I think compliance is going to be a huge issue," Dailloux

said, emphasizing the amount of work the creation of a registry would require. "... There would be a huge amount of effort for probably limited outcome."

She suggested that the sale of road allowances might be a better option. O'Callaghan said that could cause issues for the township when it came to road maintenance work. Mayor Carol Moffatt said if those pieces of property were sold, and changes were made to that property, that in some locations, it may actually undermine the integrity of the road bed. Deputy Mayor Liz Danielsen, who expressed concerns around liability in her support of some kind of policy, was uncomfortable about asking residents to undertake that expense.

O'Callaghan's report also contained recommendations that permits expire after 20 years, and that when a property is sold, the permit not be transferred to a new owner, requiring the new owner to go through the process. While the planner indicated these were common standards of such policies, councillors were reluctant.

"I think that part will be seen as an unnecessary cash grab,"

Chief administrative officer Angie Bird said she'd like to check with the township's solicitor about any potential legal reasons for those requirements.

Councillors acknowledged that in many cases, property owners may not realize they don't actually own the shoreline land across the road from their home or cottage, and suggested there needed to be a conversation with local realtors about the way such properties are marketed and sold.

"People are being sold property that is not their property," Moffatt said. "... Most people don't own the piece of property across the road, and I don't think they're told that."

"A huge part of it is education," Moffatt said.

Minden Hills council is having similar conversations about the possible creation of a registry system for private docks on township-owned land, and Councillor Lisa Barry said she'd like to see a uniform approach to the issue throughout the

"It would be nice if all the townships were sort of on the same page, since there are many lakes that share boundaries,"

Councillors deferred any decision for the time being, and a subsequent report from O'Callaghan will come back to council.



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Three Haliburton pharmacies offering

Beginning April 20, anyone 40 and older or who will be 40 in 2021 is able to get a COVID-19 vaccination at three pharmacies in Haliburton.

To book an appointment at the DRUGStore Pharmacy located in Todd's Independent at 5121 County Road 21, visit https://covid19.yourhealthmattershere.ca/en.

To book an appointment at Rexall, located at 224 Highland Street, call 705-457-1112 or visit https://www.rexall.ca/ covid-19/vaccines.

To book an appointment at Shoppers Drug Mart at 186 Highland Street, visit https://covid-19.shoppersdrugmart.ca/

For a full list of vaccination clinics and pharmacy locations in Haliburton County and in the Haliburton, Kawartha, Pine Ridge district health unit, visit http://www.hkpr. on.ca/2021/03/26/vaccination-clinics/.

Council compensation up for review

County are considered part-time.

something different to the table."

just more than \$22,000.

"It's not apples to apples," Moffatt said, of

the work councillors do, adding that unlike

staff positions, there is no job description, or

specific expectations. "Councillors all bring

The mayor in Algonquin Highlands is paid

just more than \$32, 800 in remuneration; the

deputy mayor (who is also a ward councillor)

approximately \$26,250; and ward councillors

by CHAD INGRAM

Editor

A pay equity and compensation review for Algonquin Highlands staff will also entail one for members of council.

Councillors received a report regarding the review during an April 15 online meeting.

"As a public sector employer, the Pay Equity Act requires the township to demonstrate that pay equity has been achieved and maintained," read the report, prepared by chief administrative officer Angie Bird. "The township has maintained the compensation program since 2006 and salary grid adjustments have been made periodically to remain competitive in the market. Reviews were then completed in 2011 and 2016 in accordance with legislative requirements."

The township received four bids from firms to conduct the review, and council agreed to award to the contract to the lowest bidder, Gallagher Benefit Services Group, which has also done previous work for the township, for just more than \$17,000, plus applicable taxes. As an option, the company had also agreed to conduct a review of council pay equity and compensation for approximately \$4,500, plus taxes.

Council agreed that a review for councillors would also be conducted, and that any suggested changes to remuneration not be implemented until the next council term, which will begin in late 2022.

"I think that indicates fairness, and that we're looking out for the position, not for ourselves," said Mayor Carol Moffatt.

Municipal council positions in Haliburton

Levels low throughout watershed

by CHAD INGRAM

Editor

Less precipitation and a spring freshet that came earlier than usual have left water levels in many parts of Haliburton County below seasonal averages.

"The total precipitation for this past winter was 25 per cent less than normal values, followed by 25 to 50 per cent less than normal amounts of precipitation in March," reads a statement from the Trent Severn Waterway water management team. "The watersheds of

the Haliburton reservoirs experienced an earlier than normal freshet, which in combination with sustained warmer air temperatures has resulted in the loss of winter snowpack during late March and melt runoff recession in early April. Presuming a normal amount of precipitation throughout the month of April, the public can expect the current lake levels to gradually rise during the month of May, achieving seasonal averages heading into summer. Currently, flows are well below to average and receding across the Trent-Severn watershed."

TSW staff continue to monitor changing conditions.



Hopping for hoops

Players play basketball during the spring break week at the basketball court at Archie Stouffer **Elementary School** in Minden. Early last week, the summer-like temperatures drew people of all ages for outdoor pursuits. /DARREN LUM Staff

IN SEASON, EVERY SEASON

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(VIRTUAL) COUNCIL MEETINGS

Council, Committee of the Whole and Closed Session meetings are currently being conducted virtually via web conference meetings, until further notice. Meetings begin at 9:00 AM unless otherwise noted

The schedule of upcoming meetings are:

April 29 - Regular Council Meeting May 13 - Committee of the Whole Meeting May 13 - Public Meeting Fees and Charges By-law May 13 - Public Meeting Procedural By-law

Members of the Public are invited to observe Council proceedings by joining a live-stream link available on the township website at www mindenhills.ca/council/ or by using the direct link provided in the notice. We encourage those wishing to view the meeting to also download the agenda, as it will not be displayed during the streaming process. Meeting agendas can be downloaded by visiting our website at www.mindenhills.ca/council/.

Please note the live-stream link provided for each meeting will only be activated while Council is in session.

NOTICE OF PUBLIC MEETINGS

Hills will be holding Public Meetings on Thursday, May 13, 2021 during its Meeting of Council via web conference regarding its Fees and Charges By-law and Procedural By-law. More information will be provided on the Township's website at a later date

Dated this 21st day of April, 2021.

Trisha McKibbin, CAO/Clerk 705-286-1260 ext. 505 · tmckibbin@mindenhills.ca

RIVERWALK AND WETLANDS BOARDWALK UPDATE

The Boardwalk is currently closed until further notice. The Riverwalk remains open and ready for your walking enjoyment.

HOUSEHOLD HAZARDOUS WASTE EVENTS

Based on your feedback, we have enhanced household hazardous waste events for 2021 to include events with extended hours, alternate locations and a weekday event to accommodate retirees and those who may not work during the week. Please visit mindenhills.ca/landfill for event dates, hours of operation and accepted materials.

A MESSAGE FROM THE FIRE DEPARTMENT

Where to install smoke detectors

The NFPA recommends installing a smoke alarm on every floor, including the basement, and inside every sleeping room. Smoke alarms should be mounted high on a wall not more than a foot from the ceiling or on the ceiling. Remember, smoke

- Kitchen: It is critical to mount smoke alarms in the kitchen at least 10 feet from any cooking appliance to minimize false alarms when cooking.
- Basement: Smoke alarms in the basement should be installed on the ceiling near the bottom step of the stairs up to the first floor.

How to use a fire extinguisher

Fire extinguishers are helpful for putting out small fires. You can contact your local fire department for fire extinguisher training. Or, follow the PASS to operate a fire extinguisher, remember the word "PASS:"

- Pull the pin. Hold the fire extinguisher with the nozzle pointing away from you and remove the pin to unlock it.
- · Aim low. Point the nozzle at the base of the fire.
- Squeeze the lever slowly and evenly.
- Sweep the nozzle from side-to-side.

Fire extinguishers should be checked regularly and tested by a professional

EMPLOYMENT OPPORTUNITY

Accounts Receivable/Accounting Clerk

We are currently accepting resumes for an Accounts Receivable/Accounting Clerk. This position provides assistance to the Director of Finance/Treasurer in the development and implementation of financial goals and objectives relative to the processing and payment of accounts receivable, utility billing and general accounting requirements. This position oversees the day-to-day financial functions relating to accounts receivable, utility billing and general accounting requirements.

This is a full time, union position, based on a thirty-five (35) hour work week, being Monday to Friday 8:30 AM to 4:30 PM. The current rate of pay is \$24.60/hour as per LOCAL 4286 Collective Agreement. Earnings will be subject to Union dues.

Please visit: www.mindenhills.ca/employment-opportunities/ for full posting details and job description.

> How to Apply: Email cover letter and resume to: sprentice@mindenhills.ca by April 30, 2021

SUMMER HOURS AT WASTE SITES

Minden Hills Waste Sites switch to summer hours on May 1st. Go to mindenhills.ca/ landfill or ask a waste site attendant for more details.

EARTH WEEK

April 19 to 24 is Earth Week! Head over to our Facebook page where we've partnered with other local municipalities and the County to share tips and hints to help you restore the earth. Plus Haliburton Library has been recommending environmental books and offering online eco-programming!

Local COVID-19 cases on the rise, MoH calls for residents to stay the course

by MIKE BAKER

Local Journalism Initiative Reporter

The Haliburton, Kawartha, Pine Ridge District Health Unit [HKPRDHU] is "sounding the alarm" with the recent spike in local COVID-19 cases stretching the capacity of the health unit to its limits.

In the past 14 days, HKPR district health unit has been notified of 282 confirmed cases of COVID-19, and more than 500 high-risk contacts spread across Haliburton County, Kawartha Lakes and Northumberland County.

Dr. Natalie Bocking, the region's medical officer of health, indicated her team has been feeling especially strained in recent weeks. As well as handling the increase in cases, the unit is operating five mass immunization clinics, investigating eight community outbreaks, responding to between 200 and 300 phone calls and emails per day, working with health care partners to set up programs to immunize homebound residents, and working with primary health care providers to implement vaccination of patients.

"We are doing a bit of a dance right now as we continue to work through new cases while also rolling out our vaccination clinics as we know that, in the long run, the vaccinations will play a major role in changing the trajectory of the pandemic," Bocking said.

HKPR district health unit last week introduced some "process changes" to balance the work involved with tackling the higher than usual number of new cases while continuing to offer mass immunization clinics in the communities.

The most significant change is the way that high-risk contacts will be handled moving forward. As of Monday [April 19], anyone the number of Pfizer doses has also dropped who is identified as a high-risk contact of a confirmed case will be emailed a letter outlining quarantine and testing requirements. Health unit staff will continue to work closely with individuals who are confirmed cases.

Also, in order to address the hundreds of phone calls and emails coming into the health unit each day, staff will only be responding to urgent or emergency messages moving forward. Individuals who call or email to check on when they may be eligible to be vaccinated will not receive a response.

To compound matters, Bocking says the health unit is experiencing challenges due to decreases in local vaccine delivery. Expected shipments of the Moderna vaccine have been delayed until the end of the month, while - down to around 3,500 doses per week as opposed to the 5,800 doses it was receiving weekly earlier in April.

The vaccine shortage comes at a time when the Ontario government has loosened eligibility requirements for residents to book their shot. Those 60 years of age and older are eligible to book their COVID-19 vaccination at community clinics via the provincial portal as of April 12.

"Our goal is to vaccinate as many people as possible, but with expanded eligibility provincially and no additional vaccine to provide locally, we are challenged to offer more clinics for our residents," Dr. Bocking said.

Despite this shortage, the health unit is still committed to fulfilling all appointments that have been scheduled through the online portal to date.

With the number of COVID-19 cases reaching new daily highs here in Ontario, Bocking is pleading with local residents to follow the provincial stay-at-home order and public health recommendations to help stop the spread of the virus. She says this should mean staying home unless you need to go out for an essential reason - those being to go to work, to get groceries, or attend a medical appointment.

"In more than half of our latest cases, there is no one point of exposure so that tells us we are clearly seeing the virus circulating in our communities," Bocking said. "We need to stay vigilant, follow the directions and do our part to stop any further spread."

COVID-19 Cases, Hospitalizations, and Deaths by County													
County	Current Current Confirmed Confirmed Cases Not Probable Cases (Total to date) Cases Resolved Resolved Cases to date) (Total to date)		Hospitalizations (Total to date)	Confirmed Deaths (Total to date)	Probable Deaths (Total to date)								
Haliburton	11	0	91	79	3	1	0						
Kawartha Lakes	37	2	671	591	33	43	13						
Northumberland	89	0	766	664	20	13	0						
Total	137	2	1,528	1,334	56	57	13						

Haliburton County reporting 11 unresolved cases

No new local confirmed cases of COVID-19 were reported on April 20 by the Haliburton, Kawartha, Pine Ridge district health unit. That same day, City of Kawartha Lakes also reported no new cases, while Northumberland County reported 20 new cases. Nine cases in Haliburton County in total have been identified as a variant of interest to date. /Screenshot from HKPRDHU

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Band reflecting on latest album, eyeing next project

by DARREN LUM

Times Staff

Like the rugged terrain of the Highlands, the album The Mess We Made is a raw expression of local experimental punk band, The Bones of Jim Jones.

Drawing on a period of life fraught with difficulties that can come with growing up in a small town, there is a pain and honesty that reverberates powerfully throughout the 10song album, heard in the lyrics, the pace and power behind each song.

The four-piece band includes vocalist and lyricist Seamus Lynch, bassist and guitarist Cam Espina, guitarist Lane Brohm and drummer Braeden Sharp.

They are not only connected through their friendship, but also their shared and sometimes troubled experience growing up in a rural community.

The recent Haliburton Highlands Secondary School graduates reflected on their album, produced at a professional music studio in Montreal last summer, and released on Halloween of last year.

Lynch said the album was years in the making, drawing on the lives they have lived.

It's a raw expression of the emotions they felt during their coming of age period at school, whether it was with the loss of a friend to suicide, dealing with drug abuse, or the social challenges related to not fitting in the mainstream crowd.

"I guess the sound is like raw, unfiltered, you know, at times very angry, but also, freeing, aggressive," Lynch said. "It was just whatever we were feeling in that moment in that period where we're talking about in a song. That period of life is kind of like the emotion we were feeling inside, and being able to portray that into a microphone, and into vocals and on drums, guitar and bass. It's kind of just this unfiltered raw whatever came out, came out. It was just a very therapeutic way of helping with a lot of struggles during adolescence."



The Bones of Jim Jones band includes Cam Espina, Braeden Sharp, Lane Brohm and Seamus Lynch, who reflect on their album The Mess We Made released several months ago and their journey. The band is working on their next album Mad Dogs and Bed Bugs and look forward to being able to tour and live abroad./DARREN LUM Staff

The base of the band formed when its members were in Grade 7, its first incarnation called Turn on the Dark.

It included Brohm, Sharp and Lynch. Although there were a few years when Lynch left, needing to work through personal challenges, he eventually returned to play music with his friends, who had continued to meet regularly to play.

Lynch had been writing poetry and short stories during

see THE BONES page 14



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Here's to you, Robinsons

OR GENERATIONS
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synonymous with the hamlet of
Dorset.

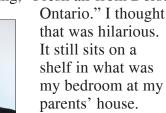
That was certainly the case in my family. Summers at Halls Lake meant at least one trip each year to Dorset. Those excursions invariably

included a visit to the terrifying attraction that is the Dorset tower and, once my tears had subsided, a meandering through Robinson's General Store.

It was sensory overload for a child, a place so packed

with stuff that it was magical. It was huge and had everything crammed into one building, one doorway or staircase leading to its next compartment. A hardware store that was also a grocery store that was also a clothing store that was also a toy store. Belts, boots and books, moccasins, hats, comic books and postcards. To a kid, it felt like anything anyone could ever want to buy, anything in the world, was right there, housed in a magic store in downtown Dorset.

The big attraction for a kid was the room, seemingly endless, stuffed with shelf after shelf of toys, souvenirs and knickknacks of all sorts. A trip to Robinson's meant my sister and I could each pick one toy or one thing to take with us, and we'd carefully peruse those shelves looking for that one thing. One summer it was an alligator puppet, I remember that. Another it was a small jug with a cork, the front of the jug reading, "Fresh air from Dorset,



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"I heard it was foul play."

Puddle dog

STEVE GALEA

Beyond 35

NE OF THE classic books on training hunting dogs that I grew up with was a book called *Water Dog* by Richard A. Wolters. First published in 1964, it is still recognized as one of the great books on teaching your dog to do water retrieves. The book was so good that the problem now is finding an original copy that isn't soaking wet.

Having said that, I have always felt that there was a key step missing between the idea of taking your retriever from dry land out into big water. And that is why I have

spent most of this spring with my English Springer Spaniel Rosie, addressing the missing step in all this – the puddle.

To be completely honest, the idea of having a dog spend an inordinate amount of time charging through and laying down in muddy roadside and backwoods puddles would not have occurred to me. I am just not that bright.

Yet, this occurs to Rosie and most other dogs almost every time they go afield.

Rosie understands that she needs to take some responsibility for her training. Also, she has realized from puppyhood, that you have to walk before you can run – and then you never need to walk again. So, she came up with the concept of the "Puddle Dog." Or at least I assume that's why she spends so much time in them.

The training aspect is actually quite simple. At first, all you need to do is take your dog through an area where she can run free off the lead. Suddenly, without you even knowing that you have started the training session, your dog will zero in on the muddiest puddle in the area and then decide to lay down, roll or submerge herself in it. If

it has any kind of future as a puddle dog, she or he will probably do all three.

The command you use as a handler is, "No ... for the love of God! I said no!"

There will be times when the training goes totally off the rails and the dog accidentally listens to you. If you are having one of those days, don't despair however. There are a few training tricks that will almost guarantee that your dog will jump in. The easiest is make sure you don't have a towel in the car. If your dog is truly stubborn, have the interior cleaned the day be-

fore the training session or simply wear white clothing. Either of those is usually enough to get the most water-wary dog to do belly flops.

Once your dog gets good at finding the easy puddles, it's time to challenge old Rover a bit by visiting places that have undergone severe droughts or areas where the slope or drainage makes finding a puddle nearly impossible.

My Rosie is such an advanced puddle dog that she now could find a puddle in the desert, and when she leaves one she is often carrying enough water in her coat to start a new puddle, usually in the living

That's why I now think she is ready to tackle the big water and pond exercises that are the next step towards becoming a full-fledged retriever. She's experienced every kind of puddle you could possibly a predominantly white-coated dog wants to visit – namely, the dirtiest, muddy ones.

It's time to move onto bigger and better things – like a muddy marsh or swamp.

How else is a dog like Rosie going to make a splash in this world?



CHAD INGRAM Editor

INOTHERWORDS

Columns and Letters to the Editor

Why COVID-19 is winning

ANADA IS a much lesser country than it used to be. COVID-19 has done that. We Canadians have allowed COVID-19 to reduce our country to a third-world type player barely able to look

We have stood by and watched the politicians fumble and stumble through the greatest medical crisis of modern times. They decided to play a compromise game with the virus and they lost.

They tried negotiating a deal that would see the fewest number of



JIM POLING SR. From Shaman's Rock

Canadians sickened and killed by the virus with the least amount of harm to the economy. We stood by and watched.

Viruses don't negotiate. They need to be killed before they get into the game.

To be fair to the politicians, they had an unenviable task. An unenviable task made impossible by a hyper-partisan political climate that puts election, power and re-election above all else.

They allowed politics into a place it should never be – a widespread medical emergency.

Job one of our elected representatives in a national medical emergency is to pull people together to

understand what has to be done, accept what has to be done and join the effort to get it done. To pull the general public on side, politicians need to have

The public gives its trust to those who show strong knowledge and command of the problem that needs fixing. Neither Prime Minister Justin Trudeau, nor Ontario Premier Doug Ford, showed any strong knowledge of the COVID-19 virus and its pandemic potential.

In the 14 months since the pandemic was declared, neither man has done one thing to stop COVID-19's spread. Trudeau has done nothing but tell us about the millions of vaccine doses he has ordered. Ford has done nothing but tell us what a poor job Trudeau has done in getting vaccines distributed.

The fact that Canadian politicians were so unprepared for this national emergency is inexcusable because Canada had a wealth of virus knowledge gathered during the SARS pandemic of 2003. The SARS outbreak was small compared to COVID-19, sickening a known 8,000 people worldwide, killing close to 800. However, it left us important lessons on how to prepare for and battle the much-predicted next killer virus outbreak.

Canadians and their politicians choose to forget, or simply ignore, the les-

The Ontario SARS Commission, appointed to investigate the outbreak and make recommendations for the future, found that the most important lesson of SARS was about the precautionary principle.

Here's what the commission wrote in its final report:

"Perhaps the most important lesson of SARS is the importance of the precautionary principle. SARS demonstrated over and over the importance of the principle that we cannot wait for scientific certainty before we take reasonable steps to reduce risk. This principle should be adopted as a guiding principle throughout Ontario's health, public health and worker safety systems.

"If we do not learn this and other lessons of SARS . . . we will pay a terrible price in the face of future outbreaks of virulent disease, whether in the form of foreseen outbreaks like flu pandemics or unforeseen ones, as SARS was."

This was not the first time that Canadians and their politicians had heard this. The same warning was issued by the Krever Commission into Canada's tainted blood supply in the early 1990s.

The message was clear: when public health is seriously threatened, do not wait for all the evidence before taking action. Hitting fast and hard with stringent lockdowns and other unpopular tools would have lessened the virus spread.

Following the precautionary principle more than one year ago would have been unpopular. Businesses would have been shut down, jobs lost. There would have been pain, but we probably would not have suffered the way we are suffering now with one million-plus cases, 24,000 deaths and a completely shattered economy.

Yes, we are a lesser country now and we will continue to be until we begin to choose leaders who have the knowledge and strength needed to build the trust needed to bring us all together in solving our problems. Leaders for whom re-election is a lesser goal than getting done what needs to be done.

letters to the editor

Kudos for clinic

To the Editor,

My hubby and I just got back from receiving our vaccines at the S.G. Nesbitt Memorial Arena in Minden. I have to tell you, I haven't ever seen such organization and such courtesy in a very long time and thought they should be commended for all of their hard work! I thanked everyone I was in contact with there. The lineup was extremely quick and once inside you had people guiding you on where to go. Everything was explained in layman terms. Congratulations to all of the volunteers and all health and medical professionals. Job well done!

> Jeri-Lyn Cuda Minden

Vaccinations well-organized

To the Editor

I was privileged to receive the Pfizer vaccine in Minden last Friday morning. My experience was amazing, the volunteers were wonderful. They were organized, knowledgeable and mostly friendly. The whole process was organized and smoothly run. From parking, to entering protocol the vaccine and exit protocol.

I have nothing but positive things to say. I know I thanked everyone I came in view with for doing what they were doing. I hope that you

print this to let them know how much they are appreciated for what they are doing. Organization is the key to what made this run so smoothly. I know a lot were representatives of Minden Rotory, but I am sure they had other volunteers and I just wanted to express my gratitude to them to the health care nurses and Minden.

E. Pompili

Celebrating Earth *Day 51*

To the Editor,

In 1970 Wisconsin Senator Gaylord Nelson, in an all too rare show of foresight and leadership by a politician, initiated and supported the designation of April 22 as Earth Day. The web site for Earth Day elaborates on its initial success.

Earth Day inspired 20 million Americans – at the time, 10 per cent of the total population of the United States - to take to the streets, parks and auditoriums to demonstrate against the impacts of 150 years of industrial development which had left a growing legacy of serious human health impacts. Thousands of colleges and universities organized protests against the deterioration of the environment and there were massive coast-to-coast rallies in cities, towns, and communities.

Groups that had been fighting individually against oil spills, polluting factories and power plants, raw sewage, toxic dumps, pesticides, freeways, the loss of wilderness and the extinction of wildlife united on Earth Day around these shared common values. Earth Day 1970 achieved a rare political alignment, enlisting support from Republicans and Democrats, rich and poor, urban dwellers and farmers, business and labor leaders. By the end of 1970, the first Earth Day led to the creation of the United States Environmental Protection Agency and the passage of other first of their kind environmental

laws, including the National Environmental Education Act.

Yes, Canada was involved with Earth Day from the beginning. Much has been accomplished during the decades which have followed and much remains to be done. Tomorrow, Earth Day 51 will be actively renewed in nearly 200 countries. This year's agenda comes under the banner, "Restore Our Earth." You may readily become involved with the agenda by opening the site, "earthday.org". Those without computer access may take time to consider their individual role in the complex web of life, and what they may initiate or continue to do in support of that amazing life giving web.

Rachel Carson, author of the inspirational book Silent Spring (1962), said, "The human race is challenged more than ever before to demonstrate our mastery, not over nature but of ourselves."

Let this Earth Day mark our collective efforts to "take the road less travelled," and renew our relationship with each other and with all other life. This essential shift can embody the silver lining within the dark cloud of the COVID-19 pandemic.

We can do it. Action opens the door to hope, which inspires commitment to act.

> John Gibb Minden



Have a thought, comment or opinion you'd like to share?

Send a letter to the editor to chad@haliburtonpress.com



Ontario's COVID-19 vaccine plan is helping to stop the spread and save lives. Thousands of people across the province are getting vaccinated every day.

As vaccinations continue, we need to stay the course to protect those we love. Wear a mask. Wash your hands. Keep your distance.

Find out when, where and how to get vaccinated at ontario.ca/covidvaccineplan or call 1-888-999-6488 for assistance in more than 300 languages.

Paid for by the Government of Ontario



Doing the same thing

AVE YOU heard the definition of insanity? Apparently it was Albert Einstein (although apparently he denied it) who said that insanity is doing the same thing over and over again and expecting different results. I often share this statement with my clients. It does feel harsh at times but I usually start by saying "this is coming from a caring place, but..." I'm not sure if that helps at all however sometimes the truth needs to be told. After all, these people have hired me to help them improve their health.

If you were to look in the mirror and had a chat with yourself what would that be like? We've now been living in this pandemic situation for more than a year. The level of uncertainty that we are living with is beyond anything I've experienced in my lifetime. I have read articles that say getting through this type of challenge re-

quires adaptability. I love that idea. It gives me hope. I believe that living life fully is all about adapting to the ever changing landscape that we travel.

Our health and wellbeing are supported on a tripod made up of movement, nourishment and rest. If one leg is lacking the entire system is out of whack. Chances are, if you're being honest with yourself, you already know where the weakness is (or where the weaknesses are). I've been guilty of pretending that I was fine after periods of sitting too much, eating empty calories (a.k.a junk food) and staying up too late to watch just one more episode of some Netflix series that I can't remember the name of. COVID-19 has

given us lots of reasons to sit on the couch and avoid reality until this crazy time passes. That is not the answer. The answer is to try different things to find something that inspires healthy behaviours. The secret is tackling whatever it is that needs changing in bite sized pieces. Small steps could be:

Adding movement to your day. Make it something completely accessible like push-ups, squats, Burpees, dancing. Get creative.

Change one meal per day (or even one meal per week) to something that

> includes lots of vegetables. The more colourful the better!

Turn off the screen and go to bed an hour earlier than you usually do.

Pick one thing to change and focus on that. Instead of expecting anything from the change, sit back and observe. Give it some time. Two or three weeks before

you make any kind of judgment would be reasonable. At the point if it's working (you're feeling better) keep doing it and add another healthy change to the mix. If it's not working go back to the drawing board and try something different. No one knows you better than you know yourself. You just have to be willing to listen to the messages that your body is giving you. There's nothing insane about that!

Something to think about.

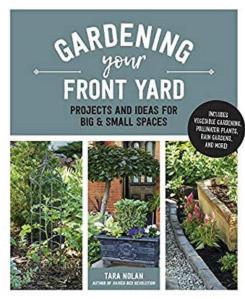
Laurie Sweig is a certified personal fitness trainer and spinning instructor. *She owns and operates The Point for* Fitness. She can be reached at laurie@ thepointforfitness.com.



LAURIE SWEIG

Practical Fitness

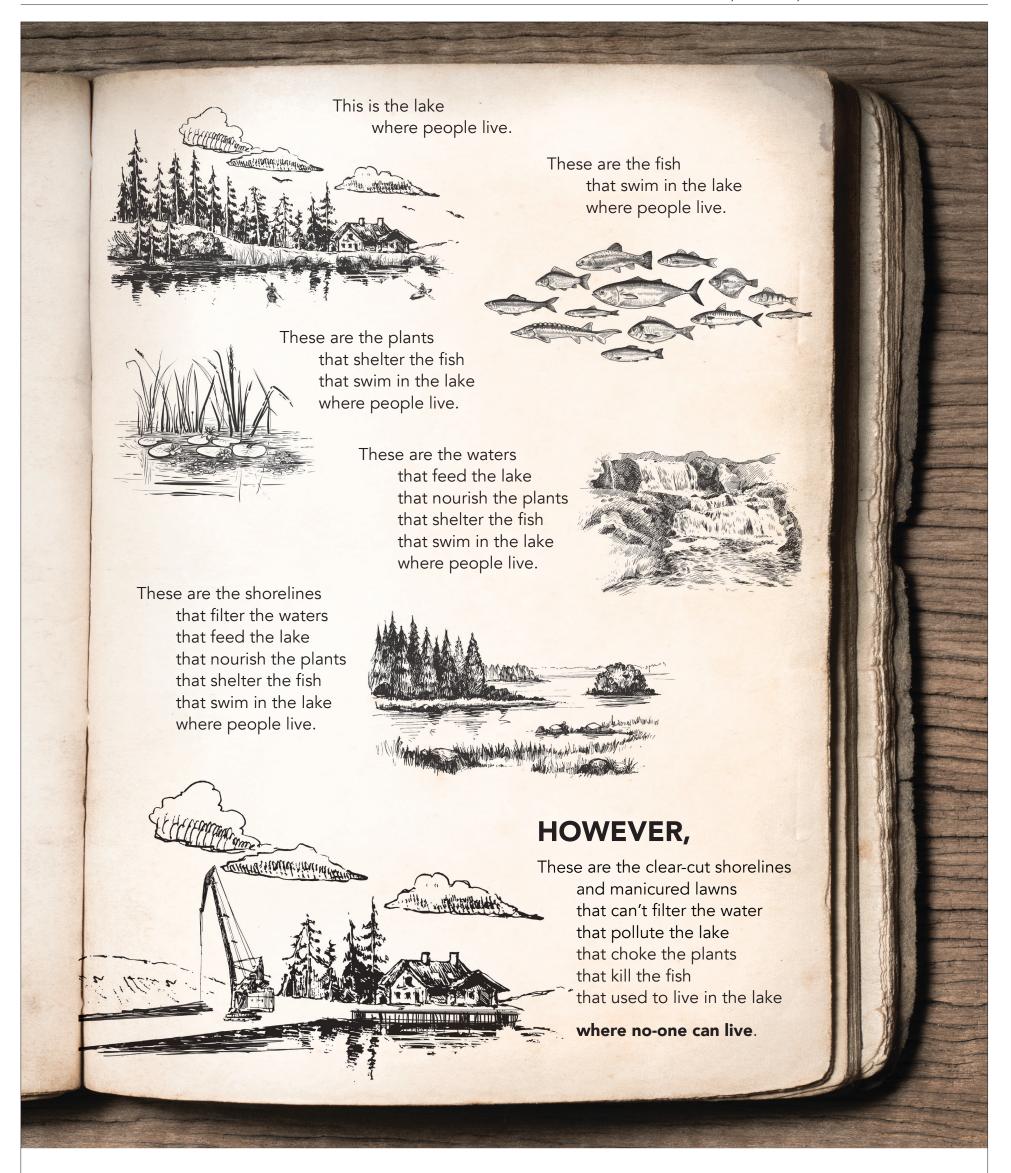
With her unique combination of DIY/building savvy and gardening expertise, author Tara Nolan weaves you past the main pitfalls you may encounter when



trying to fit gardens into your front yard. This beautiful and comprehensive book shows you how to accomplish several hardscape projects, such as building front patios, borders, edging, and walkways, as well as making your own raised beds, planting containers, trellises, rose arbors, privacy screens, and more-all custom-designed for the rigors of front-yard gardening. Gardening Your Front Yard is a garden book in every sense of the word.

With the sage advice and step-by-step projects of this comprehensive guide, you can convert your yard from a bland grasscape to a vital living space.

If you're a gardener, or aspiring to become one, Haliburton County Public Library has you covered. Come and check out this, and many other gardening books from your local branch. Cultivate that green thumb!



When we protect our shorelines, we're also protecting our homes, our children, our pets and our economy. Taking care of our County's beautiful lakes takes all of us. Be sure you know the full facts and discover the difference you can make.

When we protect our lakes, we protect the priceless memories yet to be made.

beshore.ca





Volunteers with the Rotary Club of Haliburton work to pack Good Food Boxes with apples, romain lettuce, cucumbers, spinach, baby carrots, potatoes and broccoli. The program received \$5,500 through the New Horizons for Seniors Program, which allowed Rotary to distribute 100 bags of fresh produce for free to those living in seniors apartments around Haliburton County. /File photo



Haliburton County Heat Bank

People helping people is part of the Haliburton County way of life. It is in our nature to offer a hand to a neighbour when they need it, especially when times are difficult. We are stronger when we come together, each of us offering what we can, when we can to be a social safety net for each other. In our agency, that means helping to make sure that no one goes hungry or cold.

Central Food Network is almost entirely volunteer-run, counting on approximately 60 dedicated people who help with our food and heat services. These kind folks really went above and beyond in 2020, responding to an increase in need for our usual services and

also helping to create new services to meet changing needs.

Volunteers were responsible for feeding over 170 people on average every month through our two food banks, preparing 7,236 frozen meals, completing 181 deliveries of groceries and food hampers, assisting 25 households with income tax filing and distributing 57 truckloads of firewood!

We also have many volunteers who are behind the scenes who helped organize fundraisers, split wood and lent a hand with communications. In fact, recognizing that during the pandemic more people may be turning to our website for information on our services, one of our volunteers completely redesigned our agency website!

Minden Community **Food Centre**

The Minden Community Food Centre, formerly the Minden Food Bank, was established in 1993. Since then we have served our community by providing food, cooking classes, clothing, toys, books, medical equipment, school supplies and other household goods for those who are in need. Our volunteers are at the heart of all that we do.

In the past 12 months, we have operated throughout the provincial lock downs. No one has been allowed into our facility due to the COVID-19 pandemic. We have had a core group of volunteers who have carried the operation for the entire year.

We have created our safe bubble of volunteers, who have felt safe with each other and carried out this vital service to our community. Some of the volunteers who have

dedicated their time include Bruce Fisher, Bruno Campagnola, Christine Cote, Gary Stoner, Diane Cullin, Ray Kidon, Don Veno, Michelle Reay, Marilynne Lesperance, Kim Russell, Joanne Barnes, William Wood, Wendy Harding and Cliff Harding.

Thanks to these great volunteers for their tireless and selfless work over the past year.

We caught up with some of these volunteers last week, and asked them what volunteerism meant to them and why they do it.

"I like the friendship with the other volunteers. We have become like a family," one respondent said.

The love of helping people," another stated. "We get back from clients as much as we give to them."

At the centre of each response was a desire to give back to the community they call



Rotarians worked to cook and assemble beef on a bun last August in the parking lot outside Rotary Park in Haliburton off Park Street. Although the annual carnival could not go ahead due to the coronavirus pandemic, the service club members decided to offer their popular sandwiches as a fundraiser for community initiatives in a drive thru format in order to ensure COVID-19 protocols were adhered to. /File photo



In Good Times & Difficult Times, Community Radio Brings Us Together!

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In appreciation to all our volunteers for assisting people in becoming part of an inclusive community. Thank you for your ongoing support.

For volunteer opportunities, please contact: Lisa Corp (705) 743-2412 Ext 527 lcorp@clth.ca







Minden Rotary

The Minden Rotary Club has continued to stay busy during the COVID-19 pandemic, and of late, has been distributing vaccination consent forms throughout the community, as well as assisting with the vaccination clinic at the Minden arena. Sally Moore and Pat Bradley have led that effort.

The pandemic has caused the club to pivot in the way that it raises funds.

"While the pandemic forced us to cancel our traditional fundraisers, the annual dinner auction, our road toll (previously the bridge loll) and our Canada Day peameal bacon sandwich food boot, it concurrently increased the need for support in the community," says president Dave Bonham. "We met the challenge electronically with a wine fest, an online auction, and a considerably increased usage of our charitable status through online donations. The community, again as only Minden could, responded with more than \$9,000 in donations.'

This allowed the club to meet commitments such as its annual involvement in the Christmas hamper program through the Minden Community Food Centre, as well as purchasing iPads for Hyland Crest residents, allowing them to keep in touch virtually with family members while in isolation amid the pandemic.

Bonham credits member Sharon Foster for moving the club more into the digital age, bolstering its presence online and on social

"I joined Minden Rotary because I wanted to meet like-minded community members who by taking action were making a difference in our community," says Foster, a rela-



Members of the Minden Rotary Club outside the COVID-19 vaccination clinic at the S.G. Nesbitt Memorial Arena. /Photo submitted

tively new club member. "It is an honour to serve others. It is also a learning experience that will improve my skill sets and enable me to network amongst other business professionals and community leaders."

Longtime member Lynda Litwin says she joined Rotary to give back to the community.

"We moved here in 2000 and were welcomed into the community," Litwin says. "Our children had opportunities opened to them through Rotary in the Rotary Exchange Program and Interact high school club. I wanted to support this worthy program and

do what I can do to make Minden a better place."

For more information about the Minden Rotary Club, visit http://www.mindenrotary.

Places for People

The COVID-19 pandemic has not interrupted fundraising for county-based affordable housing organization Places for People. In fact, a virtual version of the organization Highland Yard fundraiser last year actually

raised about twice as much as usual.

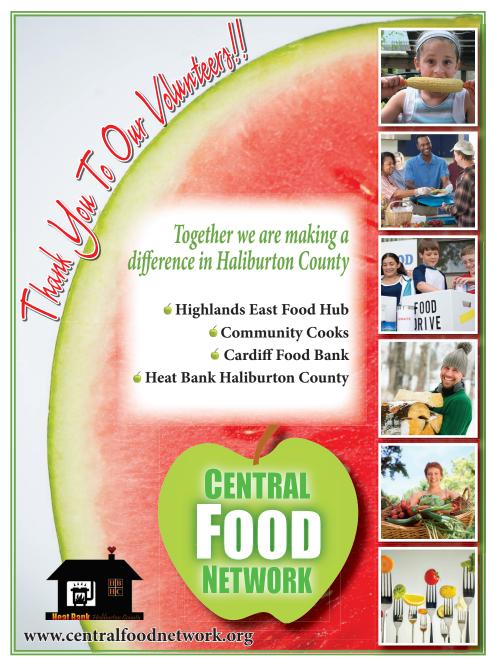
However, the quick increase in property values in the county, which have spiked amid the pandemic as people look to leave urban areas for more sparsely populated ones, is posing a challenge for the organization, as it looks to purchase new properties for new projects.

"The increased price of property, let along buildings on property," founder Fay Martin says, is causing some difficulty. "In a sense, we're in the same situation as anyone trying to get into the market."

While P4P has traditionally focused on single-family buildings or duplex structures, it is now working on larger, multi-unit projects, something new for most members. Martin notes that one advantage of an influx of people to the county, has been new members with professional backgrounds that make them ideal for assisting with grant-writing and such activities.

Anyone who's interested in joining Places for People is encouraged to get in touch. For more information, visit https://www.placesforpeople.ca/







This ad has been purchased personally by VDO Board Members





Haliburton Highlands Health Services Foundation

HHHS Foundation greatly values the commitment and contribution of all of our volunteers, including our volunteer board of directors, who dedicate their time and expertise in governance and support of our fundraising efforts for quality hospital and health care facilities.

While the pandemic hindered our ability to engage

in person with our volunteers for many of our usual events this past year, we gratefully acknowledge their ongoing support. And we are also grateful to so many in the community who volunteered time and talent in COVID relief efforts, including the making of thousands of masks! We look forward to new opportunities to welcome back our volunteers soon.

Haliburton Highlands wHealth Services

Much of what HHHS does with respect to community programs would not be possible without a strong and active volunteer base.

Volunteers make significant contribution at many places in HHHS, with our patients, residents, clients, and community. No matter their role, be it governance, advisory, or direct service, their dedication, commitment, support, and generosity of spirit continue to inspire us every day – and ultimately help us be a better health service provider in our community – it is a full circle.

While we have been unable to connect with many of our volunteers over the past year, many have remained active – and pivotal to our ability to respond to the needs of our community during this time of crisis.

Committees and governance across the organization have necessarily continued across HHHS, albeit in a new virtual format: the HHHS board of directors have continued in their governance role through these very challenging times and must certainly be commended for the support they have provided the organization in this regard; other committees such as the community advisory committee provided valuable insight into our COVID-19 response – even taking time to provide feedback on website development, and communication - which ultimately improved our COVID-19 response.
Several community programs that are largely or

entirely dependent on volunteers have remained operational throughout the COVID-19 period, such as volunteer drivers, home help/home maintenance, Meals on Wheels delivery volunteers, Visiting Hospice, and



Haliburton Highlands Health Services Foundation's executive director Lisa Tompkins, at front right, reads the winning ticket belonging to Stephen Tinling of Toronto, who won the \$20,000 for the annual Cash for Care Cash Lottery while board chairperson, Eric Recalla, director, Cathy Mack, and vice-chairperson, David Zilstra applaud the occasion on Monday, Feb. 15 at the Haliburton hospital in Haliburton. Other winning tickets drawn that day belonged to Jack and Loretta Billings for \$2,000 and Betty Austin for \$1,500. The annual draw, which sold 84 per cent of tickets printed, exceeding last years total, will help to raise funds for a vital signs monitor. /DARREN LUM Staff

Friendly Visitors. While in some cases the format of their work may have changed to virtual, many of our volunteers donned PPE, and enhanced infection prevention and control protocols to ensure that clients were able to attend medically necessary appointments and treatments, and receive meals that of obvious necessity to

Volunteers rallied to be of service to the Community

Support Response Team, which ensured that groceries, prescriptions, pet food and other necessities were delivered to vulnerable community members who were either at heightened risk or needing to self-isolate.

Many volunteers found other ways to remain active outside of their usual roles including the making and distribution of masks in the early days, to more recently providing support for vaccination clinics.



Leaders in Innovative Rural Health Care

We are heartened by your caring and compassion and the support you have shown your family & friends, neighbours & strangers.

We truly value your continued support of HHHS.

HHHS recognizes the unique challenges this past year has brought to our many volunteers.













Haliburton & District Lions Club

The motto of all Lions Clubs is 'We Serve'. Service is our commitment and our joy. Volunteering is the essence of service. It means everything.

The amazing thing about being a Haliburton Lion is that there are so many different avenues for service; for volunteering. There are so many opportunities to give back to our community. We love this variety! We feel that everyone needs to find a way to give back to the community; to give back to the people of Haliburton, especially those who need it most.

The greatest gift in giving back to the community is the personal reward and satisfaction each of us feels when we do so. And, don't forget, we love having fun while we do it.

We think of our Club as our Lions family; a genuine and caring family that invites everyone to join.

The volunteer work of the Haliburton and District Lions Club falls into two main categories: service and fundraising to support the service.

When looking back at the past 12 months we find the shroud of COVID-19. And while it certainly affected what we did, we continued to serve our community and discovered new and exciting ways to do so. Accordingly, while we were not able to read stories and distribute new books to children at Cardiff and Wilberforce Elementary Schools, we were able to donate funds to the Haliburton Public Library, Dysart Branch for the purchase of Maker Kits. We were able donate funds to the municipality for the purchase and planting of trees along the riverbank in Head Lake Park. And, it was such fun to take on a new endeavour: The Enchanted Forest Service Project at Abbey Gardens.

The Enchanted Forest had been the scene of vandalism during the previous winter and we assisted in refurbishing this delightful children's play area. Imagine our happy faces as we delivered our children's play kitchen, puppets for the puppet theatre and so much more. It was especially gratifying to have the community come forward with donations and we were so thankful when by Mark Lowes, owner of Westone / Whitestone Aggregates donated four tons of white crushed stone. In addition, The Enchanted Forest became home to our newly constructed Little Free Library. We will continue to maintain the library and keep it full of children's books. We are also continuing with the refurbishing project; this year taking on loose play parts for the construction zone area. We'll be sharing more about this with you all.

Yet another wonderful new service project was our Stories in the Park Fun Fair held on the last Wednesday in August at Head Lake Park. It was no small feat to plan an event for children and families that followed all COVID-19 protocols and requirements. We learned about sanitizing everything, keeping track of the numbers allowed inside our fenced off area, contact tracing and no-contact-food-delivery. The support of community partners and sponsors was outstanding. Seeing the kids, parents and grandparents enjoying fun fair games; hearing stories read by Lions and local children's author, Marie Gage; choosing a new book to take home; and, enjoying a free hot dog BBQ was just the best and so appreci-







The Haliburton and District Lions Club made a donation of \$1,000 to the Haliburton County Public Library last June to purchase Maker Kits, designed to teach children about science, technology, engineering, art and/or math. From left, Lions Jim and Marilyn Frost; Nancy Therrien, programming and outreach at HCPL; Lions Kathryn Kidd and Gail Stelter, Lion Betty Mills presenting the cheque; and Lions David Mills and Jane van Nood, outside the Dysart branch. /File photo

ated by all.

We organized two food drives; one in November called the Reverse Advent Calendar and one recently in April called our Easter Fill Up. All food was given to our local 4Cs Food

We conducted a virtual Toll Bridge Fundraiser and our annual Cash Calendar Lottery went off without a hitch. In fact, this was the first time in the six years of this fundraiser that all 400 tickets were sold out! We used those funds for many service projects in addition to those already outlined here, including to support our Childhood Cancer Initiative; to distribute funds to victims of fire and tragedy, to assist with the purchase of medical aids for those in need; to make donations to many nonprofit local groups and organizations. Most recently, we answered the call from the Rotary Club to

volunteer at the vaccine clinic and we also purchased tablets for our long-term care residents. And yes, the list goes on.

We missed some of our usual people interactions during this COVID year. We really missed the Santa Claus Parade and the Children's Christmas Party. We did, however, accept the Rotary Club's invitation to bring our Santa float to their drive-through Children's Christmas party and enjoyed being on hand to welcome the children and their families! We missed singing at Christmas at the seniors' home; the always fun Wilberforce Fair BBQ; and, other similar community events. Nevertheless, it has been a busy a rewarding volunteer year for the Haliburton and District Lions Club. All the things we missed will be back and new ones are always added. It is great to be a Lion!



The Bones of Jim Jones working on second album

from page 5

his absence, but he was missing something creatively. He said he had an epiphany and knew he needed to get back to music, and it led to him rejoining Sharp and Brohm as The Bones of Jim Jones. The band worked toward playing a gig held at the Youth Hub in Haliburton, where everything changed.

"That was the first time anybody really saw that side of me," Lynch said. "I was pretty vulnerable on stage. Just how much energy and like sweat and anger and stuff like that, we put out on stage. I don't think people really expected it a lot."

Espina saw Lynch perform and at the afterparty offered his bass playing skills, Lynch admitting he was too scared to ask his talented friend to join.

Lynch said the name of the band and some of the themes of the album are related to the feeling of being stuck in a place, which isn't a commentary about Haliburton County, but has more to do with their experience.

"We feel sometimes, as youth in this community and during these times and ... we feel sometimes we see the elements of being in a cult," he said. "Kind of feeling stuck without resources and people kind of get caught and stuck in and don't see an out. [This album is about a] guy named Wallace who's stuck in a cult and kind of breaking free from that, and going and living his own life away from the cult. That's kind of a metaphor for the small town mindset and breaking away from that."

To make the album, the band lived together for close to 12 days, without any huge issues, Sharp said. There's a level of acceptance among the group. Lynch said the band is unique for how they are all friends outside of music, with established friendships going back more than a decade. It's enabled a strong connection between the members, who can speak their minds without worry of conflict.

The current album is available for sale online (iTunes, Amazon, Spotify), and locally at Russell Red Records and on a website the band plans to launch soon.

The band has also collaborated with other creative young people in the area when it came to their music videos, which were produced by HHSS alumni Rowan Tofflemire and Abe Churko.

Much of the band's sound comes from a love for American singer/songwriter Tom Waits and his distinctive sound, said Lynch.

"I feel like a lot of that experimentation in our sound and versatility and kind of giving a voice more to the underbelly of society and outcasts and stuff like that comes from a lot of inspiration from Tom Waits and the White Stripes," he said.

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The Bones of Jim Jones band of Seamus Lynch, left, Lane Brohm, Braeden Sharp and Cam Espina said the struggles they faced the past several years are the foundation for their last album, The Mess We Made. The members, who are working on their next album, Mad Dogs and Bed Bugs, said music has helped them work through their challenges. Lynch wants youth to accept themselves for who they are regardless of what people think about them. /DARREN LUM Staff

Lynch, who has listened to Waits his whole life, introduced the rest of the band to the well-known artist. They all fell in love with the sound, particularly bassist Espina.

Espina, a 2018 HHSS graduate, said the process of creating the album, working in the recording studio and then releasing the album, was a childhood dream come true.

"It's like, I don't know, finally having something behind your name ... it just means a lot," he said.

He adds the album took a lot of pain they all had and turned it into an unforgettable highlight.

"The fact we can listen back on it and it will bring the little memories and stuff," Espina said. "That recording process was one of the best weeks in all our lives."

Brohm, the guitarist, said he sees this album as a "stepping stone."

He'll never forget what happened during the recording of the song, War Boy, while in Montreal.

"In the hallway with the mic on the floor and we're stomping around and then some other guys that were recording in the next studio over also came over and stomped with us as they were walking to their studio," he said. It was an example of the spontaneous experimentation that occurred while making the album.

Espina said how the album came to be was somewhat serendipitous.

"We had extra time and our drummer, Braeden was supposed to go to school, but [he] didn't end up going to school and we're like, 'Let's do this.' "he said.

Half the songs were written two years before and the balance of the song list was completed in the summer. There's something powerful that comes with being able to channel all the pain and emotion into a tangible thing, Lynch said.

"It's a physical copy of your emotions," he said. "As I said, raw energy. And then other people are affected by it. I have had lots of people hit me up on the band's account on Instagram, saying like, your music has helped me out through this rough time in life, and it's really what I needed to hear right now. Thank you so much. Just being able to hear that and how it's affected other people ... it's truly magical."

None of this would have happened had Sharp not started playing drums in Grade 7.

He remembers how a teacher that year gifted him a drum kit, which was destined for

the landfill

"Me and Lane started to get together and hanging out at my house and playing music," he said. "It just kind of never stopped."

As the percussionist, he acknowledges the benefit of being able to hit things for therapy.

"Something that takes a lot of focus and a lot of energy. It's a good thing to [use] to get away from everything else that would take up that energy," he said.

Lynch's message to listeners is to be true to yourself.

"If you're different and you don't fit in that box at school, be yourself and stick strong to it," he said. "Always stay true to yourself and don't conform because I feel like a lot of people, who like guitar, or like art, but they don't see it as something they can pursue it as a career and make money off it. They think they need to go to school and get a doctorate. I think if you have that strong talent and that passion - passion is the most [important] and talent will come with practice. If you have that passion and keep going on it and don't stop, and don't let people tear you down for being different, stop you and make you question [yourself]," he said. "Kids beat me up in school, man, just for being different and stuff

The near future will include a move to Montreal where there is a strong arts atmosphere and will be convenient for travel for everyone with Braeden studying music engineering in Ottawa this coming year.

The band has been busy working on their next album Mad Dogs and Bed Bugs, which will be more of a "DIY" effort than the first album, which required an investment of several thousands of dollars. The band will do all the work and welcome the opportunity to grow musically and use what they learned from the first experience.

The album needs to be done before Braeden goes to school in September, Lynch said. Possibly in August and with a launch on Spotify, iTunes, which could include a vinyl release if sales warrant.

After that it's all about getting out into the world and showing what they can do.

"We're just eager to play live shows," Lynch said. "We want to get out there and play clubs and venues and really to just get out there and experience it all. Like I said, it's all been put on the backburner. Just keep working on music. Keep just grinding. Success would be cool and it would be amazing, but this just feels right for us. It has nothing to do ... we're not making music to be one day hopefully be rock stars. It just comes out of us. We just like making music. If we're able to release it, and people enjoy it, then that's a bonus."



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Study focuses on substance use in rural communities

Local Journalism Initiative Reporter

Sandra McNeil has been studying substance use recovery and stigma in rural communities as part of her work toward a PhD, and found that what she has learned from residents living in rural areas is important to

McNeil said she was working as a therapist at a community addiction agency and was finding that despite the presence of mental health initiatives and anti-stigma campaigns, the population she was working with who were identifying with substance use issues were not experiencing reduced stigma.

"And so, it just caused me to ask why," said McNeil. "Why does it seem that people, I mean, stigma is a problem for mental health and substance use for sure, but why does it seem to be acknowledged that we can't stigmatize against people like that because it's an illness, whereas people that have substance use issues, the stigma was still alive and well and operating.'

When she began looking into the area of recovery, she said recovery from substance use and recovery from mental health have two different understandings based on notions of recovery in government, media, and by professionals.

"Recovery from substance use was historically about abstinence, or at least, tapering down until people get to abstinence, whereas recovery in the mental health field was focused on beliefs that people deserve to be treated with dignity and respect regardless of their mental health and substance use, to be experts of their own lives, in terms of what they need or don't need, to participate



student, says stigma surrounding substance abuse recovery is still rife in many parts of the country.

in shared decision making and have access to resources like medical care, income support, housing, employment, transportation, you know, all of those things," said McNeil. "That was kind of the difference in those two understandings of recovery."

McNeil has lived in a rural community for more than 30 years, and works in rural communities as well, but said there is a shortage of research on substance use, recovery and stigma conducted in rural areas. She set out to change that, with a study into how we are understanding recovery.

First, she examined two federal Canadian

documents that discuss recovery Canada: 2006's Out of the shadows at last: Transforming mental health, mental illness, and addiction services in Canada. Final Report of the Senate Standing Committee on Social Affairs, Science and Technology and 2015's Guidelines for recovery-oriented practice: Hope. Dignity. Inclusion.

"What I found was that people with substance use issues were often not mentioned in these recovery documents, and more attention was focused on mental health, even though we're trying to understand substance use as a mental health condition," she said. "So

that was one of the first things. The second thing I noticed is that when people with substance use issues were referred to, they were referred to with negative language - damaged, inmates, junkies. Often referred to as being vulnerable and at-risk. The other thing I noticed is that some of our social groups women, older adults, youth, LGBTQ, racialized people, they were described as being especially at-risk. That's not to say they're not, but it certainly does kind of categorize them, which is what I was noticing."

Very little was said, McNeil noted, about

see RESEARCHER page 16



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Researcher encourages people to 'join the fight against stigma'

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to find out more or to register.

from page 15

people living in rural areas, "so it's almost like we're invisible.'

"And then they had this description of what recovery was," she said. "So even though there wasn't supposed to be any one right way of recovery, the documents are permeated with this description of this ideal person in recovery, and that person doesn't use substances, they get help from their family/ friends/peer supports and professionals so they can stop using, they are responsible, they make healthy choices, they contribute to society, whether they volunteer or have a job. They have a car and a house and nice stuff, belongings. There exists this construction of the ideal recovery person. They have supportive family, healthy relationships and I want to be really, really clear, there's nothing inherently wrong with that, it does work for a lot of people, but one of the problems is that it doesn't work for everybody. And those are the people that end up experiencing stigma and those negative stereotypes continue to be perpetuated, because there are a number of people that just don't fit."

The second part of her study involved speaking to people living with substance use issues in rural areas to better understand how substance use recovery and stigma affect people's lives in those rural areas, leading to a recruitment campaign looking for people in City of Kawartha Lakes and Haliburton County with past or present substance use issues to participate in a voluntary and confidential one-on-one interview.

The response, said McNeil, was incredible.

Forty men and women - roughly half from Haliburton County and half from City of Kawartha Lakes - ranging in age from 17 to 72, responded to McNeil's study recruitment efforts. She thinks it's significant that 85 per cent of those respondents had annual income less than \$30,000, and also that the majority had lived in a city at one point, noting their responses were reinforced in that they were able to compare their experiences to life in an urban area. She credits "overwhelming support and enthusiasm from community and health care providers in both City of Kawartha Lakes and Haliburton County" in helping to complete her recruitment, and the participants themselves for reaching out.

"I was just thrilled with how many people were willing to speak with me," she said.

In interviews that took place from January to May 2019, she asked people about the notion of recovery, what it means to them, and then about stigma.

"Under the category of recovery, many, many people talked about losing everything because of their substance use, so that points back to jobs, homes, cars, families, possessions, relationships, even their identity and their self-esteem," said McNeil. "To them, recovery meant getting these things back. And for me that begged the question, so why do they have to lose those things in the first place?'

Many people agreed, said McNeil, that that is what recovery is – getting those things back.

"And they said that recovery from substance use also means not using, getting help, making good choices, holding a job, being a responsible citizen who makes positive contributions to society, you know all of those things from the documents were also in the participant's narratives, so it is valid, but ... they also said, those things are not that simple."

Study participants also spoke to harm reduction – that recovery can still include using substances while trying to re-

"They argued that healthy choices are often impossible, when they are excluded from employment, volunteering, parenting, whatever it is that they're being restricted from," said McNeil. "They gave examples of being stigmatized by healthcare providers, employers, landlords, because of - not only their substance use, but their ability, whether it was mental or physical, their appearance, their weight, their age,

see INTERVIEWEES page 17





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Notice Fees and Charges By-law Amendment

NOTE: As a result of the COVID-19 (Coronavirus) outbreak, as well as the requirements for social distancing, Council Meetings will be conducted electronically via web conference until further notice.

NOTICE is hereby provided that the Council of the Corporation of the Township of Algonquin Highlands intends to consider amending its Comprehensive Fees and Charges By-Law 2021-22 at its regular meeting to be held on Thursday, May 6, 2021.

The proposed amendment will include a 25% reduction in fees related to the Dorset Tower Property during the COVID-19 pandemic.

Members of the Public are invited to observe Council proceedings by joining a live-stream link. The livestream link can be found in the Regular Meeting Notice posted on the Township's website under the News and Notices at www.algonquinhighlands.ca

Dated: April 21, 2021.

Dawn Newhook Municipal Clerk Township of Algonquin Highlands 1123 North Shore Rd. Algonquin Highlands, ON K0M 1J1 T: 705-489-2379 Ext. 333 E: dnewhook@algonquinhighlands.ca

Interviewees tell their stories

from page 16

and whether they had a fixed address. And they said that family, friends and professionals who were 'supposed' to be supportive, often blamed them and shamed them. And it showed that people with substance use issues are often stigmatized and excluded if they don't meet this ideal recovery identity. And at the same time, they can't meet the ideal recovery identity when they're being stigmatized and excluded from society. And also, on top of that, this ideal recovery - these norms, if you will, may not be desirable for everybody. And that's an element too."

McNeil said she found that the "recovery as the documents constructed was validated by the participants, but it was also resisted."

Some participants compared their substance use to a physical illness, noting that illnesses such as cancer aren't stigmatized in the same way and that illness in general shouldn't be stigmatized.

Some participants also challenged stigma, in healthcare systems, child protection and insurance companies, by making formal complaints and getting legal supports, sometimes to fight discrimination.

"They really took it to certain levels to fight against stigma, and they had incredible insight to question the role of media, and how it portrays alcohol in positive ways and how it describes maybe celebrity overdoses as being accidental in a more glamorous way than they would talk about people that just overdosed in the community on the street," said McNeil. "So incredible insight and questions on some of the policies that we have, that legalize some drugs but don't legalize others, and the methadone clinics that financially benefit from opioid addiction and most of the participants, almost all of them, took personal responsibility for their substance use and recovery but they also highlighted the responsibility of medical, pharmaceutical and government systems."

When the interviews were conducted, McNeil said she was "blown away" by the openness of participants and their comfort in

"I wonder if it speaks to the importance of being heard and having someone actually take the time to listen," she said.

McNeil said though we know so much, actually putting some of it into practice can be

"I really believe that we have to think about substance use stigma in terms of changing our own attitudes and beliefs and not focusing on changing the people with substance use issues," she said. "That's kind of my position. I know it's not the only position, and there's a number of different interventions that have to work in collaboration with each other, but my position is that we have to understand how power operates in society, and that there are people in positions of power, whether it's the government or media or doctors, that construct a certain type of recovery for a certain type of person. And, that construction kind of permeates through society and we all start to believe that it's true, we just assume it. But there's many, many people with substance issues that don't fit that ideal and so they get stigmatized."

To change this, McNeil said we need to listen carefully, and question our own assumptions rather than focusing on "fixing" people with substance use issues.

"It was incredibly eye-opening to me, to really, really listen and understand how complex this is and make a commitment to - if that's what you believe you need to do make a commitment to join that fight against stigma, support them in their human rights and support an equitable standard of living," she said. A basic income program is a good example of that, she said, as is recognizing that it is society's choice to choose how to perceive this issue, and how to respond to it.



It was incredibly eye-opening to me, to really, really listen and understand how complex this is.

— SANDRA MCNEIL



With the research done and articles almost submitted for publication, McNeil now begins the process of dissemination, and has plans to present some of her findings to community agencies, or the community itself through in-person presentations - when possible - or perhaps through a short film that makes the information accessible within the community and beyond.



A spring in her step

Minden resident Jane Symons walks by the S.G. Nesbitt Memorial Arena during her Nordic walk through town on Wednesday, April 14. Symons, who said she Nordic skied in the winter, typically likes to walk at least eight kilometres at a time. The physical activity is part of her effort to be healthy. /DARREN LUM Staff



COUNTY OF HALIBURTON LAND DIVISION COMMITTEE NOTICE OF APPLICATION FOR CONSENT

NOTICE IS HEREBY GIVEN pursuant to Section 53(5)(a) of the Planning Act and Section 3, O.Reg. 197/96, as amended, that the following Applications for Consent have been submitted to the Haliburton

County Land Division Committee, the consent granting authority in these matters

AND FURTHER THAT An electronic meeting will be held Monday, May 10, 2021 at 7:00 P.M. to consider these applications.

AND FURTHER THAT this meeting will be held through remote electronic participation in accordance with the Municipal Act, 2001, as amended.

The media and the general public can view the Land Division Committee meeting webcast via the County of Haliburton YouTube channel: https://youtu.be/tiAaPUv6tX4

AND FURTHER THAT these Applications for Consent will be heard by the Land Division Committee:

Applicant: 2697507 Ontario Inc.

Location of the Property: Pt Lot 25, Concession 2, Geographic Township of McClintock, Now in the Township of Algonquin Highlands

Nature of the Application: New Lot

2. File No. H-012/21

Applicant: 2697507 Ontario Inc.

Location of the Property: Pt Lot 25, Concession 2, Geographic Township of

McClintock, Now in the Township of Algonquin Highlands

Nature of the Application: New Lot

Additional information regarding the above applications is available for public inspection electronically by request during regular business hours, Monday to Friday, from 8:30 AM to

If a person or public body that files an appeal of a decision of the Land Division Committee in respect of the proposed consent does not make written submissions to the Land Division Committee before it gives or refuses to give a provisional consent, the Local Planning Appeal Tribunal may dismiss the appeal.

If you wish to be notified of the decision of the Land Division Committee in respect of the proposed consent, you must make a written request to the undersigned.

Dated at the Township of Minden Hills this 21 day of April, 2021.

Secretary-Treasurer Haliburton County Land Division Committee 11 Newcastle Street P. O. Box 399 Minden, Ontario K0M 2K0 Telephone: (705) 286-1333 or 1-866-886-8815, Ext. 248 Fax: (705) 286-4829 E-mail: lgillan@haliburtoncounty.ca

Getting a handle on things

Five-year-old
Elsie Murdoch
pedals her
bicycle with
training wheels
at the Archie
Stouffer
Elementary
School in Minden
on Wednesday,
April 14. /
DARREN LUM
Staff





Ten-year-old Nohlan Wrightman of Minden jumps his scooter.

Students quarantining after coming into contact with positive COVID-19 case

by MIKE BAKER

Local Journalism Initiative Reporter

An entire bus load of students and at least one classroom from Haliburton County are quarantining after being identified as close contacts of a positive COVID-19 case over the weekend.

In a letter distributed to parents on Sunday [April 18], the Haliburton, Kawartha, Pine Ridge District Health Unit [HKPRDHU] confirmed that children who travelled on Bus

#57 on April 8 could have been exposed to COVID-19 and as such would have to quarantine in their homes until April 22.

"This letter serves as official notice of mandatory quarantine and testing recommendations. You will be contacted by the public health unit only if you receive a positive COVID-19 test, if you call to report symptoms, or if quarantine dates change based on our investigation," the letter reads. "Quarantine is a legal requirement to prevent the spread of COVID-19.

Any teachers or staff who may have been working on Bus #57 on April 8 for longer

#57 on April 8 could have been exposed to than 15 minutes will also have to quarantine.

Providing that students show no symptoms, other members of the household are permitted to leave their home for essential reasons. Essential reasons include attending work, school and childcare, or running errands such as to pick up groceries, attend medical appointments or picking up a prescription. If the individual displays symptoms, all household members must quarantine until a negative test result is received.

Haliburton Highlands Secondary School [HHSS] principal Chris Boulay sent an email all HHSS families on Sunday evening stating he had been informed by the health unit that a person from HHSS had tested positive for COVID-19. There was no mention of Bus #57, nor whether the infected individual was a staff member or a student, in his note.

"We know this information may be upsetting. We are working closely with Trillium Lakelands District School Board and HKPRDHU. Together, we are taking necessary steps to prevent the further spread of COVID-19 within our school community," Boulay said.

Virtual classes began for all TLDSB students on Monday [April 19]. The Ontario government has not yet indicated when they will reopen schools for in-person learning. Education Minister Stephen Lecce announced last week that all schools would remain closed indefinitely following the April Break in the wake of the third wave of the COVID-19 pandemic.

There was some concern amongst parents and members of the community that it took the health unit 10 days to notify the school board and parents about this positive case and subsequent risk. Laurie Oetelaar, who claims to be the bus driver for Bus #57, was particularly unhappy about the situation.

"I find it absolutely despicable that I wasn't notified and put my husband's, and other seniors I drive, lives at risk," Oetelaar stated in a post on the *Haliburton Echo* Facebook page. "Maybe a call from the school board or health unit might [have helped] clear things up."

In a separate release to media on Friday [April 16] the local health unit said it was adjusting the way it notifies people that they may be a high-risk contact of a confirmed case of COVID-19, now emailing letters to individuals outlining quarantine and testing requirements. This change comes as Dr. Natalie Bocking, medical officer of health for HKPRDHU, raised concerns over the unit's "stretched capacity" following a recent increase in positive COVID-19 cases in the

If you have concerns about your child's symptoms, consult your health care provider or seek immediate medical attention through the HHSS emergency department, or by calling 911. The health unit asks that you contact them at 1-866-888-4577 ext. 1508 to report symptoms in your child or other household members.

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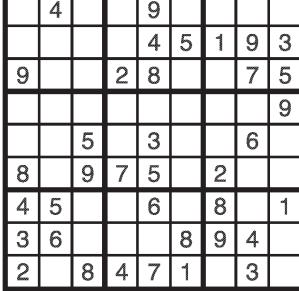
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Answers on page 21





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TLDSB bags \$7.5 million in new COVID-19 relief money

by MIKE BAKER

Local Journalism Initiative Reporter

Trillium Lakelands District School Board is receiving around \$7.5 million in additional COVID-19 relief funding

SUDOKU SOLUTION

5	4	3	1	9	7	6	8	2
7	8	2	6	4	5	1	9	3
9	1	6	2	8	3	4	7	5
6	7	4	8	1	2	3	5	9
1	2	5	9	3	4	7	6	8
8	3	9	7	5	6	2	1	4
4	5	7	3	6	9	8	2	1
3	6	1	5	2	8	9	4	7
2	9	8	4	7	1	5	3	6

from the provincial and federal governments.

In a release to media last week, Laurie Scott, MPP for Haliburton-Kawartha Lakes-Brock, said the money is being allocated to upgrade infrastructure at local schools to protect

"The health and wellbeing of students remains the highest priority for our government," Scott said. "Building on previous investments, this funding will help support important upgrades for local schools."

The federal government is investing up to \$525.2 million this year to go towards a variety of infrastructure projects at elementary schools and high schools all across the country through the COVID-19 Resilience Infrastructure Stream of the Investing in Canada Infrastructure Program [ICIP], with the province contributing approximately \$131.3 million to the initiative.

The money can be used by TLDSB to support building retrofits, updates and upgrades to existing facilities and colocated child care centres. Projects can include HVAC renovations to improve air quality, installing water bottle refilling stations to improve access to safe drinking water, and space reconfigurations such as new wells and doors to enhance physical distancing.

Jamie Schmale, MP for Haliburton-Kawartha Lakes-Brock was pleased to see funds allocated to rural communities such as Haliburton County.

"As we continue to fight the COVID-19 pandemic, this additional federal and provincial funding will help keep our local schools as safe as possible for both students and staff," Schmale said. "This investment will benefit students now and



This investment will benefit students now and in the future by supporting a healthier school environment.

> — JAMIE SCHMALE, MP FOR HALIBURTON-KAWARTHA LAKES-BROCK



in the future by supporting a healthier school environment." Ontario schools have been provided with more than \$1.6 billion to better protect students, staff and families since the onset of the COVID-19 pandemic last March, with additional supports offered for enhancing online learning, promoting student mental health, hiring additional staff and making improvements to air quality and ventilation at schools.

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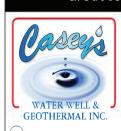
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CUT SPLIT & DELIVERED seasoned firewood. \$350/bush cord plus delivery for single bush cord . Inquire about multiple bush cord pricing. 90% maple/ all hardwood. Very clean wood. Dry also available. *Call:705-930-7198*

USED CANOE in decent condition. Will pay a fair price. Please call Mike 226-235-2807

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SCRAP CARS, TRUCKS & MACHINERY REMOVED \$\$ CASH \$\$ PAID

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ROOM FOR RENT: Walking distance to the town of Minden. \$600.00 per month. Call 705-286-2420

COMMERCIAL 380 SPACE FOR RENT

SELF CONTAINED STORAGE UNITS for rent, discounts available located on Industrial Park Road in Haliburton. Call 705 457-1224.

390 SERVICES

Mike A. Thomson **General Contracting**

ROOFING - DECKS - DOCKS CARPENTRY REPAIRS Call Today! (705) 457-6365

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EMPLOYMENT OPPORTUNITY

HOUSE CLEANER needed Mid-May through to September. Sundays from 11-4pm. Pay \$20-25/ hour. Located 10 minutes from downtown Haliburton. Please contact Leanne at 705-927-5801

CONTRACT CLEANER WORK

Summer only. We are hiring 3 cleaners for weekends ONLY during the summer. You must be a hardworking individual or team with a reliable vehicle. Contact: Shannon Jonas Custom Cottage Concierge 416-617-2523



400

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- Must be physically fit.
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Experience would be an asset but willing to train the right person.

Send resume to: complete cottage care @hot mail.comOR call 705-489-1163

REPUTABLE BUILDING CONTRACTOR

looking for a person with carpenter experience. Must have a valid drivers license. Please call 705.754.4603

HYLAND ICE SUPPLY

is looking for seasonal full time/ part time Delivery Drivers. Class D preferred. Class G with experience. Please email info@ hylandice.com or call 705-448-2973. Competitive wages including bonus. Medical after 3 months.

HYLAND ICE SUPPLY

is accepting applications for Drivers Helpers. Please email info@hylandice.com or call 705-448-2973

MILLPOND RESTAURANT

is looking for servers and kitchen staff. Starting now. Summer positions and year round available. Cooks/ servers/ dishwashers. Flexible hours. Contact Brad at 705-489-3353 or email millpondbrad@gmail.com



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K Enterprises Haliburton is seeking installers to work with our team. Previous experience an asset, but will train appropriate candidates. Wage determined based on abilities/ experience.

- Windows Doors Siding
- Soffit Fascia Eavestroughs
 - Garage Doors

Must have license/transportation and clean abstract & work effectively in a team environment.

Email Resume to: <u>kenterpriseshaliburton@gmail.com</u>

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Competitive pay. Successful candidates will be positive,

motivated individuals who can work as part of a team. Valid and clean drivers licence and transportation a must.

Please send resume to: contact@petriniconstruction.com 705-457-2754

LOCAL SUMMER CAMP

is looking for seasonal cleaning and maintenance staff May - Oct. Student positions available July to end of Aug. Rates of pay up to \$22/hr. Apply by email to *rob@campnbb.com or call* Camp Northland 705-754-2374



Minden Times Classifieds

Call 705-286-1288 classifieds@haliburtonpress.com Deadline 4 pm Monday

400

EMPLOYMENT OPPORTUNITY



Cleaning Services Onondaga Camp, Minden, seeks 5 Staff SEASONAL (2021) Starting at \$17.00 /hr and up

We are looking for Cleaners to care for our facilities by providing a high standard of cleaning and light maintenance duties. The goal is to keep all facilities in a clean and orderly condition. Responsibilities are to clean and stock designated facility areas (disinfecting, dusting, sweeping, vacuuming, mopping, restroom cleaning etc.), carry out heavy cleansing tasks and special projects, notify management of occurring deficiencies or needs for repairs, stock and maintain supply rooms, cooperate with the rest of the staff, follow all health and safety regulations, knowledge of cleaning chemicals and supplies, familiarity with Material Safety Data Sheets.

Up to 48 hour work week Summer (6 days).
Daily and Evening shifts available. (June-Sept)
NO ACCOMODATION PROVIDED

Off Site Driver

Onondaga Camp, Minden, seeks 1 Staff SEASONAL (2021) \$14.50/hr

This position does not have daily set hours but is an on-call position generally between the hours of 9am-6pm and will average 6 hrs/day of work at \$14.25/hr. This role requires the candidate to live off-site and retrieve the camp vehicle from the camp on a daily basis.

Responsibilities

- Pick up prescriptions/supplies as needed for the Health Centre.
- Do a daily 'town run' to pick up supplies that are needed for camp programs or office.
- Pick up supplies in Toronto (or outside of Minden/Haliburton) as needed.
- Handling of incoming and outgoing mail.
- Ensure that vehicles are scheduled and taken for oil changes as needed.
- Ensure the vehicles have adequate gas and fill as necessary.
- Keep vehicles clean and free of garbage.
- Keep the exterior of the vehicles clean; have them washed as needed

Necessary Qualifications/Competencies

- Full G License & minimum age of 21 years old
- Ability to have a flexible schedule and work independently
- Attention to detail
- Ability to work and communicate with a wide variety of people

30 – 40 Hour work week June – September Contract NO ACCOMODATION PROVIDED

To protect the health and safety of our clients and employees, we have modified our normal operating policies in response to COVID-19.

If you wish to apply, please send a resume to Matt Brown/Site Manager at matt@onondagacamp.com. Please feel free to contact at (705-286-5025)

A truly Canadian summer tradition, Onondaga Camp offers an extraordinary environment for kids to play, explore, achieve and grow. Situated on the shores of Middle Bob Lake near Minden, Ontario, Onondaga inspires the best in outdoor fun, learning and adventure for girls and boys from six to 16 years old. Onondaga Camp values the diversity of people. We welcome and encourage applications from people with disabilities. Arrangements will be provided, on request, to support candidates taking part in all aspects of the selection process. All responses will be handled with strict confidence.





Marcus Beach Cottage Owners Association

2459 Kashagawigamog Lake Road Minden, Ontario K0M 2K0 manager@marcusbeachcottages.ca

705 457 9600

Marcus Beach Fractional Ownership Cottages on Lake Kashagawigamog has a year-round full time maintenance position available. The position is ideal for an independent, self-motivated individual who has knowledge and skills to look after both indoor (19 cottages) and outdoor property maintenance. The successful candidate will be working closely with the property manager and the Association's Board of Directors

The successful candidate would have the following skills and background:

- · Small Drinking Water Certificate
- Health & Safety Requirements
- Good physical condition to complete outdoor landscape work
- · Water and Septic systems knowledge
- · General indoor maintenance as required
- · Good communication skills
- Identify preventive maintenance programs and recommend optimal plans

The position will be for 40 hours per week and with some on call emergency response when needed. The salary will be based on the successful applicant's skills and experience.

Please submit a resume by email to: manager@marcusbeachcottages.ca by Thursday, April 29th.





The Haliburton Family Medical Centre and Minden Medical Centre are seeking a **temporary part-time Registered Practical Nurse.** The term of the contract will be six (6) months.

The successful candidate must have excellent organizational skills and be able to work in a fast paced environment. Active membership with RPNAO is mandatory. Previous experience working in a primary care medical clinic will be considered an asset.

The Haliburton Family Medical Centre and Minden Medical Centre are seeking a **temporary full-time Team Support (receptionist).** The term of the contract will be six (6) months.

The successful candidate must have excellent organizational skills and be able to work in a fast paced environment. Previous experience in the Health or Business Administration field will be considered an asset.

Please forward a cover letter and resume to the address below, or email kim.robinson@hhfht.com

Haliburton Family Medical Centre 7217 Gelert Road P.O. Box 870 Haliburton, ON K0M 1S0

Attention: Kim Robinson

Deadline for applications is April 30, 2021. Only those selected for an interview will be contacted.



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520

THANK YOU



With Sincere Thanks...

The family of the late Leopoldina "Leo" Dobrzensky-Dobrzenicz wish to express their appreciation to family, friends, neighbours and the many others for their kindness and support during this difficult time. Many thanks to Dr. Scott Coles, Dr. Judy Suke and the nursing & support staff

at the Haliburton Hospital for their compassionate and excellent care of mom during her last days. We are deeply grateful for the countless messages of sympathy, cards of condolence, tributes, flowers, prayers, Mass offerings and the generous donations made in mom's name to the Pregnancy Care & Family Support Centre, Haliburton Highlands Health Services Foundation and to the Volunteer Dental Outreach for Haliburton County. A special thank you to all who attended the visitation and participated in mom's funeral Mass at St. Anthony of Padua Mission Church. This wonderful celebration of life was offered by Father Casmir who provided a very moving eulogy - capturing the spirit of mom's deep faith. Lastly, the attention and professionalism provided by Dwaine Lloyd and Kate Lovett of the Haliburton Community Funeral Home was a comfort and relief to our family in our time of sorrow.

Ever curious, giving and productive - mom drew her spiritual and cultural existence from her connection with the people of the Haliburton Highlands. She took great pride in sharing her friendship and knowledge with her beloved community. Thank you for supporting and encouraging mom throughout the years to make a difference in the community where she felt at peace.

Sadly, she has left this world but her legacy continues.

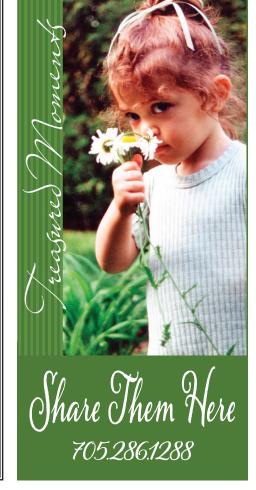
John, Zdislava & Margaret Dobrzensky Dobrzenicz

Thank You!

The family of the late James Wm. (Dusty) Sutherland would like to thank everyone for; the cards, flowers, phone calls, emails, text messages of condolences and support.

Also, thank you for the donations to the Haliburton Highlands Health Services in Dusty's name. Special thanks to Monk's Funeral Home (Kirsten & Barry) for all their kind and helpful ways. To Dr. Coles and Dr. Stevenson at the Haliburton Hospital, and Dr. Conway who was Dusty's doctor for many years. We appreciate all their kind words and helpfulness. Once again, thank you very much to everyone, God Bless.

Forever in our hearts, Phyllis & Family



560 **ANNOUNCEMENTS**



Family-led death care? **End of Life Doulas? Natural Burial?**

Adriane Weller speaks at a free Zoom event organized by the Haliburton Green Burial Society. Wed. April 28, 7:30 pm to be followed by a short AGM.

Register via website https://www.haliburtongreenburial.ca/

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Marvellous moves

Professional dancer Daniela Pagliaro had everyone on their toes See page 8



Victoria's Jubilee

Queen Victoria stars in community pageant honouring 1897 Jubilee See page 11



Tower fees climb

It will now cost three bucks to see this gorgeous view from the Dorset Tower. See page 12



Sneaker Day

Oranges were a refreshing reward for walkers on Sneaker Day.

In Quotes

"To protect his golden voice from his habit of smoking 60 cigarettes a day. Enrico Caruso wore a necklace from which a dried anchovy was suspended.

> See Arthur Black, page 14



The challenger

Red Hawks right striker Brooke Mansfield challenges a St. Thomas defender during the first half at home on Wednesday, May 12. Mansfield and the Red Hawks were held without a goal, losing 1-0 to St. Thomas off of a goal that went in on a bad bounce. Red Hawks play this afternoon (Friday) at HHSS.

Mock evacuations prove emergency services up to challenge

by JERRY GROZELLE Times staff

The consensus was that the mock evacuations in Haliburton and Minden were very valuable exercises. Staff at the hospitals and seniors residences, as well as emergency service personnel, Services, co-ordinated the mock

discovered their strengths and weaknesses during the process, and as it turned out, communication was the main focus of con-

cem. Peter Fearrey, director of enviservices with ronmental Haliburton Highlands Health

fire and ambulance services, the exercise included a diverse cross section of services which may be involved in the event of a real emergency, including Red Cross, Crisis VCARS (Victim Assistance and Referral Service).

Log chute needs cash

by IZABELA JAROSZYNSKI Times staff

After more than 300 hours of meticulous work, Merv Bunker unveiled his model log chute to Algonquin Highlands council last week

The model, a scaled-down replica of how the real chute will look when it is finished, was prepared as part of the Hawk Lake Log Chute Restoration Project.

In addition to showing the complexity and size of the real chute, the model will also be used as a fundraising and educational tool.

The unveiling of the model marks the beginning of the next stage of the fundraising campaign that project supervisor Carol Moffatt hopes will raise the missing \$40,000 still needed to complete the project.

The cost of the project was estimated at \$140,000.

Moffatt, along with the other project supervisor, her husband Tony Aymong, has already raised \$30,000 in kind and \$15,000 in cash from the community and received a government grant of \$50,000 from the SuperBuild program.

Lindsay Elders from Haliburton Trail and Tours was also on hand at the council chambers for the unveiling of the model.

'We are just thrilled," she said, referring to the restoration project, which she says will be a big part of the Adopt-A-Metre trail

project for Algonquin Highlands.

The model chute will appear at the Trail Mixer Challenge Party on June 5

"I would like to thank Alsee CHUTE page 2



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see MOCK page 17

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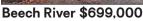


Haliburton Family Home \$799,900

- Apprx 101 Ft Rd Frtg, 0.5 Acres
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Approx 1 acre, nicely forested, good privacy
Close to public access to Long/Miskwabi Lake





Dark Lake \$699,000

•1426 s.f. stone home with attached garage

• 3 beds, 3 baths, studio/office, sunroom

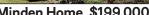
Wet slip boathouse, in town location

Hardwood floors, spacious century rooms

- · Riverfront home in a lovely setting Nicely updated 3 bedroom, 2 bath
- Two finished levels of living space
- Good swimming, boat into Beech Lake







- 2 bedroom home close to town.



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- Bush lots and hunting camps
- Waterfront cottages
- Rural homes





Little Kennisis -Sunset

- Architecturally Designed Post & Beam Structure • 3 Bdrm , 3 Levels, 2 Fire PL, 4 Baths, Many Decks
- Playing Area, Lg Patio / Fire Pit, Deep Off Dock • Granite, Flag Stone, Lg Beams, Deep Swimming





Little Hawk Lake \$699,000

- Western exposure on a stunning point lot
- Premium property, 300+ ft of clean frontage
- Surrounded by crown land on 2 sides
 Rustic 1600+ SF cottage plus a boathouse





Minden Home \$199,000

- New Fap furnace. roof reshingled 3 yrs ago.
- Easy access needs some TLC.



Minnicock Lake Rd \$159,000

10 acres, nicely treed on year round road,

only 10 minutes from Haliburton



Kennisis Lake \$1,699,000

- Turn-key 2,700 SF waterfront home Open concept, 5 bedrooms, 3 baths
- 200+ FT on peaceful Paddy's Bay
- Premium Lake boating on Kennisis





Sir Sam's Ski Area lot \$99,000

- 2.2 acre lot, quiet country get-away
- Walking trails, creek, wildlife
 Seasonal road, off-grid



• 4 bdrm, furnished, yr round

Cabana, Bunkie, deck lakeside

•152 ft sandy shoreline, 1.22 acres

Year-round Municipal Road access

Minutes to Haliburton Village









Minden Lake \$799,000

- 3 bedroom, 2 bath, 1460 sf
- 2004 build & completely updated
- •165 ft waterfront, 0.89 acres West exposure, sand beach







Picture perfect home with pool & hot tub





Long Lake Chalet \$899,000

- Completely furnished
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Full, Partially Finished Basement

Attached Garage, Back Deck Facing West

3 Bdrm/2 Bath Home







9 acres with trails.

- Little Cameron Lake \$925,000 Spectacular views from 14' wall of windows
- ·182' waterfront
- Full walkout basement





- Horseshoe Lake \$550,000
- 0.50 acres, west facing,147 ft sand frontage • 3 season, 3 bdrm Panabode ctge, boathouse
- yr round private rd





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